

# **The Story of Interview with Spirit**

**By Kenneth James Michael MacLean  
And  
Neil Longley**

# **The Story of Interview With Spirit**

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## **The Story of Interview With Spirit**

### **Neil's story....**

Hallo. I'm Neil. I am a radio presenter by trade, and I have had an interest in metaphysical subjects for a while now...

Having become disillusioned from traditional religion (I found it hurtful, controlling and harmful psychologically), I got on a bit of a search to find answers!

Eventually, I found the brilliant Conversations with God material, and Abraham-Hicks. Then... Ken MacLean. By this time he was already an established author having written brilliant channeled works, between him, and his guides. The energy far from being somber and "religious" was light and fun, profound and playful.

So I thought, as a radio presenter, let's create... an Interview- an Interview with Spirit. So we did- 2 interviews that are available free at [www.interviewwithspirit.com](http://www.interviewwithspirit.com). Then we started answering folks personal questions and creating special subjects. Who knows where this will evolve to, but it's an exciting project, one that will bring another message of Joy and Well Being to the world.

It's important to say that I am well aware of charlatans in this game who prey on people's weaknesses and bank accounts! Here we try to play to people's strengths. The greatest gift you could give us is to make us redundant! (Although we are very pleased you bought the book!!)

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I also run a website called [www.njoy.org.uk](http://www.njoy.org.uk), which is all about Joy, and brilliant positive ideas that make a difference. In my opinion the more joyful ideas that abound, the more all of us can ride the wave of...joy!- as I truly believe that new times are coming, and they're gonna be good!

Imagine all of us- all of us freely following our Joy, all of us in well being, all of us experiencing abundance as we take one Joyful step after another, after another. Imagine the "vibration" changing from lack to abundance. And that's what we're gonna do, one person at a time.

In no way do I claim to have found the "only" good source of channeled material- of course not. And I'm NOT looking for followers!! My front room just ain't big enough!

If the words here help you complete another piece of the puzzle, make you laugh, make you feel good, or just give you a reassuring hug round the shoulders and help you remember that all is well, great. Our job is done.

As a DJ, I have found many songs have a "spiritualish" message to them , so for fun, I have peppered the text with quotes from some of my favorite songs.

The beauty of this is the more questions I read, the more I learn, the more we all do, eventually, this will all come as second nature to all of us.

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### **Ken's story...**

When I was 4, my mother lay in a hospital bed dying from leukemia. Later at the funeral I toddled up with my little sister to look at the body lying in the casket. I couldn't figure out why my mum couldn't give me a hug!

Incessant questions to my father and the rest of the family produced no satisfactory answers for me. One thing I did understand. Looking at the body before and after her death I realized that the body was not the essence of a human being.

Even at the tender age of 4, I recognized there must be an energy which occupied the body, then, at death, left it. When that animating principle departed, only a physical husk remained. I have never forgotten the experience, and have been conducting my own personal investigation into the big picture (and the little ones) ever since.

My work is based around the fundamental truth that a human being is an immortal spirit temporarily associated with a physical body. When you really understand this, it brings a feeling of certainty, personal power, and confidence. Even the most hardened skeptic will discover this truth on his or her deathbed. My job, as I see it, is to remind you and empower you to see your greater potential. We are not looking for followers. The Guys tell me that their purpose is to encourage — and even insist — that you step into your power.

Ken's personal website is at <http://www.kjmaclean.com/>

See Ken's complete product line at

<http://www.kjmaclean.com/Products/MainProductPage.html>

There are dozens of essays, and movies there for you to see.

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## **The Original Interviews**

### **Interview With Spirit #1**

Here, then is the original interview- word for word transcripts. You can hear them (for free at [www.interviewwithspirit.com](http://www.interviewwithspirit.com) (and get 10 special subjects free as well!))

Neil: This is Interview With Spirit. Thank you very much indeed for logging on. It's a kind of an unusual thing. My name is Neil, I'm a radio presenter in the UK. This is Ken MacLean. He's a spiritual author in the USA. How are you doing, Ken?

Ken: I'm well, how are you?

Neil: I'm good. And he claims to channel his spirit guides. I've read quite a few books on metaphysics and spirituality so I kind of know the good stuff from the not-so-good stuff and as far as I am concerned, this is very, very, very good stuff. Before we launch into our ... preliminary interview to give you an idea of what we're planning here, let me say first of all there is no element of coercion, there is nothing you have to believe, there's nothing you have to change, nothing, nothing you have to do at all, really, you just take the bits that you resonate with and leave the rest. Now I want to make that very, very clear from the beginning. So Ken first of all, how did you get into this metaphysical game? How did you start channeling and who are you channeling? Who are they?

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Ken: Well, I've been interested in metaphysical things almost my entire life. When I was in high school, I actually read the Bible, believe it or not!, and I studied eastern religions, I listened to Abraham tapes, I've been to seminars and courses. I've read metaphysical books, I'm interested ... if I was a scientist, I probably would be a cosmologist. I'm interested in first causes and just a few years ago - it was back in 2002 - I really had some burning questions I've read, you know, the Neale Donald Walsch books which were very good and I've done all my courses and seminars and I was just really, really ... I still had a whole bunch of questions and ... so one day I just sat down at the computer and I typed in a question and suddenly I started receiving these answers which came to me as, all I can say is they're thought packets, the ... I don't know, it just comes in all at once. Then I had to sit in, I had to translate and I just typed in the answers, then when I read what I had written, I went 'this is very good', so I wrote down all these questions and every day after work for four months I would type these questions, I would get these answers and it was the best four months of my entire life. I was just full of this powerful creative energy, this joy, this feeling of inspiration and certainty and I just kept writing the stuff down. It was a really wonderful experience and it turned out to be this book called ['Dialogues - Conversations with my Higher Self'](#) and I finally got started channeling and I've been doing it off and on] since then.

Neil: So what does it feel like?

Ken: It's a feeling ... Unless you've done it, you can't really know what it's like. It's a feeling of inspiration, it's a feeling of well-being and it's a feeling of utter certainty and the amazing thing about it to me is that when I ask the questions and I get the answers it comes in all at once. All I can say is that it's a feeling, and it's data, all combined into one thing that I call a thought packet. And it's just an explosion of information and it's an explosion of feeling and I have to sit and I have to translate this. A lot of times I would get the answer and I wouldn't be able to translate it fast enough], and I would lose a bit. of information. But in

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my book, 'Dialogues - Conversations with my Higher Self', I just got down as much of it as I possibly could.

Neil: Now the book is incredible. It explains basically how the universe works, that life on it is meant to be a totally joyful expansive wonderful experience, but human silliness and fears get in the way. So for the benefit of the people that are listening, I'm just going to ask you one or two questions and see if we can get some answers back, if you can do it in the moment. First, who are they?

Ken: They are Being's consciousness that is now not presently associated with the physical body, that's who they are. Sort of like Abraham, I would guess. They call themselves non-physical personalities. Well, this is the same thing and if you read other channelers, if you listen to other channel information, you'll find that it's always the same, I mean this information comes from non-physical personalities.

Neil: How many of them are they?

Ken: Well, at the time that I channeled the book, I believe there were five or six of them. There are four, basically four beings that continue to be associated with me and I mentioned them in the book and they are sort of my four, my four stable personalities.

Neil: It's not Abraham though, is it?

Ken: I'm not sure, I'm really not sure, Neil. All I know is that it feels wonderful when I contact them, it feels very joyful, it feels very inspirational and the one thing that really impresses me is the utter certainty. On Earth, I don't think there's anything that's completely utterly certain. I mean we consider two plus two equals four but then we could devise some mathematical system that might show that two plus two equals five, but these guys, when I ask them a question,

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there are absolutely and utterly certain there are no ... there is no doubt in their mind whatsoever and that's a thing that's really revelatory to me, that's the one thing that made me feel it "ok, this isn't just BS", you know, this is something that I simply don't experience in my life, that utter certainty, it's just absolutely amazing and it's always accompanied, as I said, by a feeling of inspiration and a feeling of well-being.

Neil: Let's ask them some questions now then, shall we are they about?

Ken: I believe so. Let's see what we can do.

Neil: Hello guys.

***Are you there, Neil? Oh, ok. All right. Good. Hello, how are you?***

Neil: I was leaving a pause for dramatic effect.

***Oh thank you. We thank you very much.***

Neil: Oh, 'we'. So you are...

***You are an extremely ... you are what people would call a character.***

Neil: Thank you. Thank you very much indeed. But, guys, cut the crap. There are people that are going to be listening to this saying what a load of absolute rubbish. Come on! Are you really real? Are you really non-physical personalities? Are you really communicating with Ken and then to us? Really, really? And why should we believe you?

***We certainly are communicating and we're very insulted indeed if you say that we do not exist. We do exist. Just because our consciousness, our***

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***conscious personality is not associated with the physical body, this does not mean that it does not exist. We certainly do exist and we are here and we are talking.... through Ken.***

Neil: Well, hi! Nice to meet you!

***Nice to meet you too, Neil. Although I suppose we've already met, but we really are an association [a group consciousness].***

Neil: So where are you? Are you in some sort of corner of the universe? Where are you? Is it a place that you're in on sort of different dimensions, I mean how is it? Where are you?

***We simply perceive in ... we perceive in more of the universal sea of vibration than you do as physically incarnated human beings. As a physically incarnated human being, you are limited to the five senses of the human body. That limits what you can perceive and limits that you can be aware of. However, in native state, which is what we call our conscious personality that is not associated with the human body, in native state, you have... I don't know how many of them there are, but there are spiritual senses that allow you to perceive much more of the universal bandwidth of vibration. And so we simply exist, we exist, we perceive more of the universal sea of vibration than you do. That's all. It's not really unusual. We're sort of nonplussed as to why human beings do not accept their divine spiritual nature: you are divine, you are eternal. When you leave the body, you are returning to native state and that it seems so obvious to us.***

Neil: So wait a minute! There's no kind of big Judgment Day, there's no kind of that one is going to end and that one's going to help, no?

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***No, no. There are ... after you leave the body, of course there is a reorientation period, it takes you a little while to get adjusted to the fact that you no longer have the human body, you no longer perceive only through your five human senses and that you have millions of other ways to perceive and millions of other environments to participate in.***

Neil: What does it feel like to be in native state?

***It feels wonderful! There is ... the only way we can describe it is to say that if you are on a vacation, a really, really wonderful vacation and you went to a restaurant and you had your choice of 500 wonderful things and you ordered one of them and it turned out that they didn't have it, that would be about the most negative emotion you could possibly experience. Of course there are 499 other wonderful things that you could order too.***

Neil: Yeah, but us human beings would be more peeved off about the one thing we didn't have.

***That's right. That's precisely it, but one of the reasons that you went to Earth, one of the reasons that you decided to incarnate in a physical body is because it was a challenge. Every single one of you are envelope-pushers. You are adventurers. The reason why you came here was because of all of this contrast and soon you're complaining about something that you've basically stood in line for.***

Neil: What's the best way to deal with contrast? For the benefit of people that aren't familiar with the term. So contrast ... What is the purpose of contrast in negative experiences and emotional pain? What does it mean and how can we start healing that? How ... yeah, start there.

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*Well, the purpose's contrast ... Imagine that you are on vacation. Now even on the most perfect vacation, after two or three weeks, not even a month, it does get to be a little bit boring, doesn't it? You want some excitement, you want some adventure and that's why you came to Earth. This is the ultimate crucible of contrast as far as we know. I mean there are plenty of other environments that you could physically incarnate into, but at this time Earth is one of the most volatile, one of the most contrasting environments that you can get and all of those who are really, really looking for a challenge come here. It's wonderful and it's exciting and although we can have experiences just as you do, we see from our perspective how wonderful it is, although I know that ... this is what Ken tells us ... when you're physically incarnated, he always says 'well, if it's so great, why didn't you come down here?'*

Neil: Yeah!

*Why is it just me that has to deal with all this and Ken says 'well, it's like doing ... you're a social worker and going into the city and driving in a wonderful BMW and you come to dispense wonderful advice and then you get to go back to your house in the suburbs while I'm stuck here. I'm stuck here living in my mud [...] or I'm stuck here with all my problems and difficulties, and we always say to Ken that we perceive it differently. Ken says our attitude is like, 'well, you decided to come here, you signed up for the ride, so enjoy it!'*

Neil: Is it possible to live in the joy that you're obviously experiencing while you're here on Earth? How do we kind of experience the joy that you are? How do we experience our native state-ness while we're in our bodies?

*We would say that the best way to do that is through appreciation. Conscious appreciation. Go through your day and simply look at things,*

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*try to find the good in things. Try to find ... I mean there must be a reason why you chose the life you chose. Some people are victims and some people just say 'well, I'm just living my life and I'm just going through the motions' but even those people, if they consciously take the time to actually look at things, they can find things to appreciate, they can find joy in what they're doing and when they do that, you can find joy in yourself and when you find joy in yourself, you find more and more things to appreciate and it's this wonderful cycle that sort of spins in on itself and you can pull yourself up by your own bootstraps. Now again Ken would say 'well, if it's so easy, why don't you come out here and do it?', but the fact of the matter is that when you're in an environment, in a challenging environment of contrast, as every human being is, that's the only way to do it, it's to discover yourself through appreciation, through the discovery of that inner passion, that inner urge. Most people simply deny that urge. They say 'oh, that's not practical' or they listen to their friends who say 'oh, well, that would never happen' and their creative energies get disbursed. Every single human being incarnated on Earth has an inner purpose and those people who are successful have discovered that purpose and have gone with it regardless of what other people have said. If you want to be an extra-ordinary person and live an extra-ordinary life, then you have to discover that inner passion within you and go with it!.*

Neil: How?

*Well, it's interesting that you mentioned that. Ken is writing an e-mail course at this very moment on exactly how to do that. The first thing you have to do is identify a desire. A desire is something that you want. Once you connect with that inner urge or inner desire, the rest is all downhill. Now, of course the million dollar question is: how to do you do that? Well, you have to start appreciating what you already have and when you do*

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*that, then you can connect with that source of joy within you, that source of well-being, that source of inspiration and it's not something that anybody can tell you, there is no ten-step formula, there is no twelve-step program, there is no recipe. Every single person has to find their own inner urge, all we are saying is that every single person has a source of inspiration and can connect to creative energy. Every single person can, no matter what their situation, no matter how downtrodden they feel, no matter what their environment is, no matter how poorly they feel, you can always connect with that source of inspiration because that is what you are. You are a native state divine eternal conscious personality temporarily associated with a human body. That is who you are.*

Neil: But let's say someone is deeply, deeply depressed. I mean let's just say they've lost their loved ones, they've lost their job and their life is just a flipping mess and then if you would turn round and say 'hey, you've got to connect with the joyful energy'. I mean come on, with respect, a lot of people would say 'that's a bit flip' isn't, it?

*Well, of course it is. Because a person who is deeply, deeply depressed couldn't even hear this message and in a vibrational universe [which is the title of Ken's book, 'The Vibrational Universe'] what happens is that a person in fear is not going to be able to understand a person in joy. A person in depression is not going to be able to understand a person in joy. Well, we suggest that if someone is terribly depressed then that person has to grieve, to let it all out and then gradually as you rise up the emotional scale, the scale of vibration, you'll be able to again re-contact with yourself and to find that source of inspiration, but it is certainly impossible. It's certainly impossible to be inspired when you're feeling depressed.*

Neil: So you've basically got to work up an emotional scale ...

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***Of course you do.***

Neil: Or more up to grief and then to anger possibly and then...

***Yes, well I am typically ... personally, Neil, I've had rounds of serious depression in my life so I know what depression is and the way I've done it is I've simply, you know, you consult your physician, you take whatever med you need, whatever, and you get yourself out of it and once you do, then you're able to have a sort of a platform for the discovery of self, but it certainly is impossible to discover joy when you're feeling depressed. That I ... personally I can speak, I can speak very confidently of that and when I channeled my book "Dialogues - Conversations With My Higher Self", I was feeling wonderful, I mean when you're feeling wonderful, depression doesn't exist, it's simply a bad memory. I mean you don't even think of it and when you're depressed joy seems so far away it's just impossible.***

Neil: But you are living proof that you can go from depression to joy.

***Of course you can.***

Neil: Great.

Neil: And in our future dialogues we will certainly be offering processes on how to do that, yeah?

***Indeed we will.***

Neil: Right. What's your definition of success? Is it 2.4 children, a Labrador and lots of money? What is the true definition of success?

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***The true success, the definition of success is positive emotion, the feeling of inspiration, the feeling of joy and the feeling of well-being. That is the only true definition of success.***

Neil: Why are earth religions very focused on the negative, on the sin and misery and wailing and gnashing of teeth? Why is religion so negative in its message?

***We certainly don't ... we certainly don't understand it. We don't understand it, we've never understood it. You probably would have a much better perspective on that than we would. All we can say is that simply ... in order to have that point of view, one has to deny one's true self because when one discovers one's true self, one feels joyful, inspired, confident, a feeling of well-being, all the positive emotions. The positive emotions are who you are. The negative emotions simply indicate resistance to who you are.***

Neil: What is resistance?

***Resistance is the denial of self. That is how we would explain it. It's a denial of self.***

Neil: What's your perspective on sex?

***Sex is wonderful! Sex is joyful Sex was designed to be wonderful and joyful. That is why it feels so good to have sex!!***

Neil: Any sort of sex?

***Excuse me?***

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Neil: Any sort of sex? Fast sex? Slow sex? Rude sex? Kinky sex? Any sort of sex?

***Well, we would say that the most joyful sex is experienced when a person is in joy. Anything you can do in a lower emotion will feel much, much better in the higher emotion.***

Neil: Money. What's your perspective on money? Money is the route of all evil, money doesn't grow on trees. Money this, money that. Rich people are bad, rich people are greedy. ....

***Money is energy. That's all it is. Money is simply used as a medium of exchange. When a person feels abundant, you will attract more money. When a person feels poor, he or she will attract less money. Money is just energy, a higher vibration is a higher energy and will attract more money and a lower vibration is a lower energy and will attract less money.***

Neil: Hopefully we can do some processes on how to attract money as well and abundance in our future conversations. I am I just whipping through the very, very basic ones here. Who is God?

***You are God!***

Neil: Thank you.

***I am God. We are all Gods.***

Well, I have always suspected my own omnipotence but, you know, you do doubt sometimes!!

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***Ha, ha! Oh Neil, you are quite a character! You are God! I am God. We are God and that feels wonderful. Doesn't that feel wonderful when you can say 'I am God' and really mean it? How does that make you feel?***

Neil: Dunno, really.

***If you could say the words 'I am God' and really mean it, you would feel so wonderful you wouldn't even be able to describe it.***

Neil: So it's not a bloke on a cloud?

***Well, there are many blokes on clouds, but all of them are part of a sort of unified consciousness, that's the only thing that ... well, trying to describe, we're trying to send Ken these messages and he's trying to describe them in words and on the spirit of the moment. All we can say is that we perceive an environment that feels wonderful to us and that is who we are. Consciousness in native state feels absolutely wonderful all the time.***

Neil: Law of attraction. Explain.

***The law of attraction is simply the matching of vibrations. When you feel good, good things come to you. When you feel bad, bad things come to you and that's how it is in the universe of vibration.***

Neil: So I'd say feeling good is probably the most wise decision you could ever make?

***Indeed it is because that's who you are.***

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Neil: But what if you think you are really a bad person? So many people have got such low opinions on themselves.

***Yes. Well, that's because others have convinced them. That's because they have taken the words of other people. Now, we admit that when you're a child, you depend upon your parents and you do tend to almost become imprinted sometimes with your parents' point of view if those parents decided to ... those parents have felt unworthy or they decided that you are unworthy it's sometimes very difficult for a little person not to go into agreement with that, but we have to say that only when you agree with something like that can you feel bad. Every single person is empowered, every single person has control of his or her own thoughts and if this may not be a popular statement, however the only way that you can feel bad is through a self-limiting thought or a self-limiting belief. No one can make you feel bad, only you can do that.***

Neil: But excuse me, there are authority figures who people look up to on Planet Earth and sometimes rightly so and shall we just disregard all other authorities?

**Yes.**

Neil: Oh, that's big!

***Well, in order to be successful, in order to be happy, you have to consult your inner wisdom. This is a sort of misnomer when we say 'inner wisdom' because when you expand your being-ness you actually feel better. We say inner wisdom to distinguish that from the physical objects you see around you. But being incarnated into physical bodies, you do have separate points of view, you are walking along in different physical containers, separated physical containers. Nevertheless the conscious personality that is you is connected to everything else in the Universe, is***

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***connected to God; that is why we say you are God and the only way that you can discover your personal life mission, is to feel as wonderful as you can, to trust you own inner guidance. Of course, listen to the advice of others, but if that advice does not make you feel good, then it is not the advice for you.***

***You have to trust yourself!***

Neil: People are going to say 'what kind of work will that be?' We just let maniacs run free, we'd have havoc on the streets....

***There wouldn't be any maniacs! If everyone pays attention to their inner desires, there would be no maniacs. A maniac is simply a person who is denying his own inner desire, who has twisted that desire because of some sort of self-limiting belief. We admit there are many, many, many, many perfectly good and valid reasons for someone to feel like that, but we say unequivocally that when you discover your inner self, your inner urge, your inner passion, it will feel good, it will feel wonderful and it will not be maniacal. Well, it may be maniacal to others, but you will feel wonderful and there's a much, much ... there is a great, really great difference between being a maniac and feeling wonderful. You can be a maniac and feel wonderful, but a true maniac or someone who's truly psychotic really is very, very low on the scale of vibration, the scale of emotion. He's very ... he or she is very, very low.***

Neil: Right. Oh, health! Health! Health! Can any illness be healed? Can cancer be healed? Can the ..... mean you're saying it's all about vibration and life frequencies matching life frequencies, so is there some kind of vibrational cure for these diseases as opposed to the awful ... let's take cancer chemotherapy treatments that people are having at the moment.

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Well, yes, there are. In fact there is ... this is me speaking, Neil, there was a man by the name of Royal Raymond Rife who invented a device which would vibrationally attune to cancerous tumors and remove them. And there was also a man in France by the name of Priore I believe his name was, back in the 1970s who had a medical and documented machine that could vibrationally remove cancerous growths or tumors. All medicines, all herbs, vibrational healing, however you want to go about it are vibrations. You can take that orally, you can inject it. However all substances, all physical substances are essentially vibrations and so you are always doing vibrational healing, it's just finding that one thing that makes you feel better, that makes your body feel better.

**If you have an intent for health, you will get better, that's all we can say.  
If you have an intent for health, you will get better.**

Neil: Now obviously it's not particularly wise to discontinue treatments, just come off and straightaway, just in the light of this. I mean we don't take what we say as gospel.

***Well, we're not suggesting that if you're being treated for a medical condition, that you give up that treatment. What we're saying is that all medical treatments are vibrational in nature in that if you are undergoing a treatment that seems right for you then continue with it! And if it's not getting you anywhere, then try something else! But if you have an intent for health, you will get better.***

Neil: We would like your questions. What questions would you like to ask? If you've listened to this and you think this is absolutely nonsense. Fair enough? Delete it –fair enough, we will never darken your doors again. Like I said, there is no element of coercion or you have to believe this, none of that. If you are curious though and you've got a question about your personal life or about the

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world or about anything, we intend to keep doing these dialogues and who knows where it could evolve to?

**Do you have a question? Ask it at**

**[www.interviewwithspirit.com/yourquestions.html](http://www.interviewwithspirit.com/yourquestions.html)**

Neil: Thank you, guys. I'd like to finish with a kind of a flourish because you seem quite exuberant if I may say so.....

***We always feel exuberant!***

Neil: How good would it be? How good could it be on Planet Earth?

***It could be a paradise. This is a beautiful planet, it is a wonderful planet. If people would somehow learn to appreciate their lives just a little bit more, they could discover that source of inner passion, that source of inner truth that always feels wonderful. We guarantee...if we leave you with anything.. We want to leave you with this and that is that every single human being is good, not evil. Every single human being is a divine eternal consciousness that feels, in its native state, that feels so wonderful and the original intent for incarnating in physical bodies was to have a wonderful joyful physical experience. It is possible to do that. Trust yourself! Trust your inner guidance and find that source of inner joy and when you do that, your life will transform itself.***

Neil: Do you know what? I just ... there's a TV in the radio studio here and I've got a bit distracted while you were saying that because a very attractive girl came on an advert and it's all done very provocatively. They just, you know, the

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photography is provocative and she's dancing and wearing a short skirt and I'm thinking ... hmm, I got a bit distracted and then it's advertising a perfume. Guess what the perfume's name was?

*Ken: I'm not sure.*

Neil: Inspiration.

*Ken: Inspiration? Isn't that amazing?*

Neil: So they ... so there you go! So on that ... see, a typical bloke, I got distracted. I'm only doing the most profound interview of my whole radio career!! all right. We'll leave that then and listen, seriously. If you have questions., go to [www.interviewwithspirit.com/yourquestions.html](http://www.interviewwithspirit.com/yourquestions.html) . How can we help you? What do you want to know? Something you like to clear up or any question about anything? Any question about anything, personal life, worldwide, how we can help you. We're going to be doing a series of special subjects as well and you can see them all on the website [www.interviewwithspirit.com](http://www.interviewwithspirit.com) or at [www.njoy.org.uk](http://www.njoy.org.uk)

Thank you very much indeed Ken MacLean. All the very best in writing the rest of the books! Give the rest of the books to plug here! What are your projects? How is this evolving for you?

*Ken: Well, right now I have two hard books and six e-books which I am promoting on my website. I'm also starting an [affiliate program](#) and I'm working with you, Neil, and I'm also ... I also have a newsletter that I'm sending out and I've just started on this internet thing. I've only been doing it for about 10 or 12 months. I'm very, very excited about it. I think this information is vital information. I think it needs to get out to the world. I think people need to understand their spiritual nature because frankly, Neil, people are spiritual beings. They are only temporarily associated with physical bodies. There are*

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*non-physical personalities. When you die, you're going to feel wonderful. That's something that I know after all these years of channeling, I know that. I know that with a certainty and I want to try to convince others of that because when that happens, you can no longer believe in this silly theory of we only go around once or what I call the "Man is Meat" theory. It's just absurd. I would say that 90 percent of all the problems on our planet come from this idea that man is basically a machine, he's a piece of biology and then that when you die, you're dead. The biological basis for consciousness in my humble opinion is complete bollocks, it's just a complete joke.*

Neil: Is that a spiritual term?

*Ken :Well, I was trying to be British, I don't know if I said it right!!.*

Neil: You did all right actually, but I've never had an American do a good British accent yet, I am afraid!

*Ken: Oh no, no, no. I am not pretending to be British!*

Neil: Listen, thank you very much. Good luck with all the e-books and do send the questions in as well. [www.interviewwithspirit.com/yourquestions.html](http://www.interviewwithspirit.com/yourquestions.html) and we will compile them into an e-book and we will make it available for download as well.

Thank you very much. Can I say that you to the guys as well. Thank you very much indeed, you guys.

***Oh thank you very much. We've very much enjoyed talking with you. Neil, you have a very dynamic personality. You're very, you're very vibrant, you're very alive and we really like talking to you.***

Neil: Bless you! Well, I guess we'll talk again. Thanks a lot.

## Interview With Spirit #2

Neil: This is Interview With Spirit talking to Ken MacLean. The US meets the UK and meets higher dimensions, all in one in these interviews. What we thought we'd do is get Ken to connect and have a chat with the guys as it were and then I will ask some questions. Over to you, Ken.

*Ken: All right. Well, this is very interesting, Neil. I actually had a conversation with these guys yesterday and I was reading it over this morning and it was like it was happening right now. I mean even though I transcribed it yesterday, I am reading it over and I can feel it. It's just really amazing. So anyway this is what they had to say. I asked them 'here is your chance to speak to the people and what would you like to say?' and this is what they had to say.....*

***We would like to remind you of your inherent spiritual and divine nature. Every single one of you is so magnificent that if you could see you with our eyes, you would be blown away. Human senses only perceive the body, but we see a magnificent multicolored lightshow. Or if you could only know how beautiful you are, if even a tiny bit of that was evident to your human senses, you would never hurt each other with words or with violence.***

***You might think from your perspective that it is rather stupid to come to Earth to hide your magnificence from yourself. But you came to Earth because you wanted a challenge. You wanted something different and you have certainly found it, have you not? It's only temporary, remember that!***

***But even more important, remember that you wanted to see what it would be like to experience negative emotion. You wanted to know what the***

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*rollercoaster ride on Earth is all about. Now you've got it, so stop complaining!*

*But seriously, as seriously as we can get, we wanted to take this time to remind everyone of who they are. All of you are angels in human form, but not angels in the way you think of angels, with wings and playing harps, you are angels in the sense that you are divine, eternal and wise. You are angels in the sense that you are part of us in an intimate way. Even though you often do not feel us, we feel you. You are never out of our thoughts or our perception. Even though it might not seem fair that you cannot see us so clearly but we can see you, that's part of the game. It's what you signed up for.*

*You weren't just born, you chose the time and place, you chose the environment, you knew who your parents were and the socio-economic situation. All of you picked different challenges. Some chose war zones. Other chose orphanages, some chose industrial societies, others so-called third world environments. But rich or poor, all of you wanted to live the life you are now living. The excitement of Earth is that you never know what will happen. You (Ken) had no idea your mother would die when you were only three years old, but that's part of the challenge and the excitement. All of you wanted to see how well you could do and whether you could, through all of it, remember who you are.*

*Just know that we are here to remind you of how magnificent you are. All of you are loved so powerfully. The next time you have a moment, just stop what you're doing, relax your body and clear your mind. Try to feel the love that surrounds you! Try to remember what it was like for you before you came to Earth.*

*Try to recall how you felt, how many friends you have here.*

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***Remember that when you die, you return home to us in a feeling of great joy.***

***There will be a great reunion party when you die.***

***All is well.***

*Ken: ... Out and that's what they said which was pretty amazing because I just felt this rush of energy, it was really amazing. Wow!*

Neil: Wow!

*Ken: That's really cool. That's really cool stuff, it really is! The thing is about these guys is that they always feel great. I mean, you know, they never feel bad and they don't really know how to feel bad. They sort of know theoretically that we're experiencing some negative emotion and we're feeling depressed and angry, but they really can't go there, so ... but I tell you, it's really wonderful. It's really wonderful to feel that stuff, it really is. It just feels wonderful.*

Neil: Well, that was extraordinary. I mean extraordinary words, extraordinary, inspiring. Inspiring words. Can I throw some questions? So question number one: is it possible to experience the kind of joy that they're experiencing while we're on Earth and if so, how?

*Ken: That's a very good question. Theoretically if there was no resistance to life whatsoever, you would feel extremely wonderful, you would feel very, very good all the time. It's not ... I don't believe it's actually really possible to experience the way we experience while you're associated with a body on Earth. It's just different. You feel, you just feel really, really strong. The Earth experience is extremely intense whereas up here it's ... we always feel wonderful, but there is a difference. There's not as much contrast, there's not as much negativity, there's not as much excitement. Well, excitement in a different way.*

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*I would say that I've experienced personally a feeling of incredible joy but the most amazing I've ever felt is when I'm communicating with them, Neil. If there was no resistance, if there was no resistance within you to life, you would feel pretty damn good all the time.*

Neil: So the state of joy is possible while on Earth?

*Ken: Of course. Of course. That's the reason why we came here, that's the reason why you came here, to try to discover ... actually when you first come here, you don't ... when you're a baby, when you're a very young child, you're more out of the body than you are in it and you're completely connected to spirit, you remember who you are and then sort of as you get, you know, two, three, four years old maybe, you sort of really solidify inside the body and then you're having your Earth experience, but you never fully disconnect.*

Neil: What's the quickest way to manifest our desires? I've heard that ... we've all heard the phrase 'Ask and it is Given, but through other channeled teaching, through Abraham's teaching.

*Ken: Abraham, right.*

Neil: Abraham say 'you've got to vibrationally line up' which means you've got to feel rich when you're not. You've got to feel healthy when you're not. You've got to find the feeling place first as it were. And a lot of people find that very, very difficult particularly with a lot of negative influence around us. Taking that into consideration, what is the best way to start, you know, creating our dreams?

*Ken: Well, the best way ... I'm speaking now personally, Neil, the best way that I've discovered is to find something that you're really, really interested in. The*

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*first thing is knowing what it is you want. If you don't know what you want, you can't get it*

*First find out what you want, get a clear vision of it and then just begin to do it and it may be that you can only work two minutes a day, I mean, in your busy life, you know, you may have five kids and you may get up and go to work and not have very much time, but the more time you spend doing what you love, the more time you will have for it and there is really no magic solution. There's no recipe, there's no formula, there's no secret code. That is what your work is. Your work is to find out what it is that you really love and then begin to do it and as you begin to do it, you'll line up more and more with it. And the world will line up with you as well.*

Neil: So there isn't really any reason to do work that we don't like. I mean obviously one could say 'oh yeah, well if you don't work, you don't earn any money' which is what everyone says. But is it possible to follow your heart and do what you love? I've heard the phrase 'Do what you love and the money will come'. Is that true as well? Is there an element of risk to doing that?

*Ken: There's never any risk if you're following your heart and you feel good in the process. Many people have the vision, they have dreams and they begin to follow their dreams and they feel disappointed and then they begin to work very, very hard at those dreams and it's mainly a struggle. They're struggling and they're struggling and they lose that connection with the creative energy of the universe. All we can say is that when you're hooked up with the creative energy of the universe, you are unstoppable and, Neil, you've told me that you used to do stand-up comedy and that the first ten seconds were terrifying and then there's a sense of euphoria.*

Neil: Yes, yes, very true.

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*Ken: That euphoria, that is the connection with the creative energy of the universe. When you do stand-up comedy, Neil, you're actually channeling. Anybody can channel because it's the easiest thing in the world to do.*

Neil: Do you know, it does seem that way and if, you see, channeling is a word that carries a bit of emotional weight for me because I can and I'm sure a lot of people would say, it's very dangerous or a bit scared of it, but if what you're saying is true, what it feels like is when you break through that fear barrier... when I was having a really, really good night, it was like it was one- it was effortless. two: it was flowing. It was almost like the flood gates opened and it was happening almost through me. I was in a state of relaxed awareness and an incredible excitement at the same time.

*Ken: Yes*

Neil: That's what it felt like. I was thinking of jokes, I'm making cleverness of mind, connections that I hadn't thought of for years. It was kind of bang, bang, bang, bang! like that. That is what the experience was like. It was utterly and completely euphoric. It was wonderful, it was brilliant, and I came off stage thinking 'that's why I do this!'. You don't, of course, have to be a comedian. You can achieve that state of flow, I would like to add in any job, a footballer, a surgeon, a mum, anything. It depends on what floats your boat, that's my personal thing, that's what I love to do.

*Ken: That is absolutely wonderful Neil*

Neil: We've come full circle anyway.

*Ken: And you have inspired me because when you were saying those words, I was feeling them, I could feel how connected you were to creative energy and how inspired you were and you have inspired me, you have inspired us. That's*

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*precisely it. Anyone, every single person can channel and the fact is that successful people are channeling. They are channeling their own desires. They are channeling the creative energy of the universe and they're going with it. As you say, they have overcome that fear barrier but the thing is you have to, you must start gradually. If you simply start, you can overcome the original inertia. It may be, as you say, terrifying at first, but if you persevere, if you continue to keep your dreams, you cannot fail, you cannot fail. YOU CAN'T!*

Neil: And what else I would say, it's effortless.

Ken: Yeah.

Neil: It seems it's so, no that's not the word I wanted, it's no big deal. It's not a big kind of production. I am channeling, it's not going ... here I am! I'm talking to the higher dimensions, it's not like that because people would think 'oh, evangelistic hype here we go again! Send your money in and no, no, no, no, no'. It's not like that. It's not like the sort of ... well, one: it's not religious at all. Two: it's nothing like the sort of evangelists you see on TV, even if ... no, it's nothing like that.

*Ken: No, it's nothing like that. It's the most natural thing in the world and every creative person channels. I can tell you that right now, every single creative person. You cannot create something that ... you cannot create something without channeling.*

Neil: And it feels wonderful, it feels absolutely freaking wonderful and you think 'if I could feel like that all the time...'

*Ken: Neil, that's right. That's something that I have never been able to figure out even though I've been sort of doing the sort of channeling for several years and I've been investigating the big picture, what is life and why are we here. I have*

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*never been able to figure out why I can't keep that feeling all the time. I'm sure there are some people who do. Perhaps Dr. Wayne Dyer does, if you've ever seen him on TV, he's just ... that guy is amazing and who knows? But I think the challenge and the joy of being human is in our imperfections.*

*I'm realizing that when I take a look at how imperfect I am and revel in it, I get this feeling of inner joy. I find this feeling of inner excitement, it's so amazing. And I always used to think I had to be perfect! Well if you're channeling and you have to be perfect, you have to be some sort of guru or some God and that's not true at all.*

*It's not.*

*All you have to do is feel joy. When you are feeling joy, when you're feeling a sense of well-being, you are channeling and then all you have to do is go with it.*

Neil: Our intention, mine and Ken's intention for creating this series of interview with spirit is to ... let me get the right words, is the intention ... is to inspire joy within people, is to inspire people to follow their dreams. It's certainly not about converting or coercing anyone because it's just not about that or perhaps I should remind you of our [...] long held dreams and stuff like that. And we ask you to send any questions. It's [www.interviewwithspirit.com/yourquestions.html](http://www.interviewwithspirit.com/yourquestions.html)

Send any questions and we'll put them to the guys and we'll answer them.

Perhaps even we'll have a forum as well and people can discuss, you know, wonderful happenings and dreams coming true and I think the more and more of is to do this it's be an exponential effect, wouldn't it? But that's our intention.

*Ken: Definitely. That is one of the purposes, that is one of my purposes, one of their purposes for doing this is to actually change the world because we could change our societies almost over night. If people would simply let go and realize that they have the ability to feel joy and feel well-being.*

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Neil: Sometimes people say if they were allowed to do whatever they wanted to do, what about the people that would harm people? And I would say when I've been in that state, you would no more harm anyone, you'd feel so good about yourself.

*Ken: Neil, that's right!*

Neil: You feel so good. You feel like you could take on the world and you feel euphoric and the idea of harming someone would be laughable, it would be stupid so that ... I will answer that question if the experience is the same thing that we're talking about, there's no way someone is connected in that way would ever harm anyone which leads on to another thing actually because when you feel really good about yourself, maybe people that harm other people were just suffering from low self-esteem.

*Ken: That is precisely true and if you would look at some of the belief systems on the Planet Earth, you could see why, you know. You only go around once, life is hard and then you die, you have to compromise for everything you get etcetera, etcetera, etcetera, and people are taught these self-limiting beliefs. By the time they go to school, they are already messed up. They've already gotten most of their passion and most of their joy and well-being beaten out of them either by their parents or by teachers ....my wife is different. She was raised in a really wonderful family and she was taught that whatever she wanted to do, she should do and I believe that a society that has followed its dreams, that connected with the creative energy of the universe and did what everyone truly felt was the right thing to do, would be a very happy, prosperous society.*

Neil: When you think about it... when you think about it, it's actually bloody obvious really, isn't it?

*Ken: Yes, it is.*

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Neil: When you think about it...

*Ken: It's not that hard, Neil. It's not that hard to follow your dreams. Revolutions, Neil, do not start at the top. They start at the grass roots level. They start one heart and one mind at a time. There are six billion people on this planet and if everyone of us could find our inner self, could find that joy and well-being, literally we could transform our planet over night.*

Neil: And it's such a good way because it's doing what you love to do.

*Ken: Yes!*

Neil: Think about it. Everybody would be doing what they loved. Everyone will be joyful. There would be no jealousy, there would be no attacks, there would be no robbery, there would be no rape, there would no restrictive rules.

*Ken: You should channel. You are very, very good.*

Neil: Well, maybe I am. I don't know.

*Ken: You're good. You're very good!*

Neil: Tell me something you, guys! I'm talking to them now. I'm determined to find out your name. I don't know if you've got a name field group, but I will keep asking until I get it.

*Ken: Yeah, there are two here right now. If you read the book "Dialogues – Conversations with my Higher Self", I believe there are five or six but right now there are only two. One of them is named Sweet, that's what I named her.*

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Neil: I like the sound of Sweet because she sounds very ... sexy is the word.

*Ken: The other one is Dragon and he's a very, very high volume sort of a guy and Sweet is a very, a very warm, a very loving and a very powerful being.*

Neil: Yeah. What was I going to say to you, guys? Do you know any other groups? Do you know Abraham? Do you know the Chief Joseph group which is another one channeled by a chap called John he lives in Wyoming. Do you know, I mean do you have like friends? Other group friends? Do you know Abraham? Do you go over their house for tea or something? As it were...

*Ken: Well, just as there are family groups and groups of friends on Earth, family groups when you are in what we call the native state. Of course, and since consciousness is non-physical you don't have to get into your car and drive for a hundred miles or ten miles or whatever. You can be almost in instantaneous communication, because consciousness is non-physical. It's a very wonderful here and we have many, many friends and when you come back, when you come back home, you will discover people that you never even knew on earth.*

Neil: Are there any, besides these people in the physical world, do you want to avoid? Is there anyone in the sort of spiritual world do you want to avoid? Are there any sort of bad ones, if that's the right word?

***Not that we know of. Perhaps others play those games, but we do not play those games and there is no one that we've ever found that we would wish to avoid. There are others who have different interests, of course, but there are no other groups that we wish to avoid.***

Neil: There is no source of evil, is there?

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***No, there is not. Negative emotion occurs on Earth when there is resistance to life experience. We do not resist life experience so we feel wonderful just the way it is.***

Neil: You make it sound so bloody simple!

***Really, it's much different on Earth because the level of contrast we experience here is nothing compared to what you experience on Earth and that's one of the challenges of on Earth. That's why it's a rather difficult place and a wonderful and exciting place.***

Neil: There's a phrase in pop psychology 'what you resist persists'. In other words, the more you push against something, the worse it gets.

Ken: Yes.

Neil: Just thought I'd through that in.

Ken: Correct.

Neil: Dragon or Sweet, are you intending on coming back at all?

***No, we have never had a physical experience nor do we intend to although we can perceive through you since we are non-physical consciousness, we can essentially go anywhere we want to, although it's sometimes difficult for you to feel us because you have to be at a very ... you have to be feeling joy and well-being, you have to sort of, as Abraham would say, you have to be vibrationally in proximity to where we are so most of the time humans are walking around on Earth and they have no idea that they are surrounded by angels because they're so involved in their lives. That's what you have to experience.***

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Neil: Are you angels?

***We are non-physical consciousness.***

Neil: Do you have wings and harps and things !!!

***No, no, no. There are no wings, there are no harps, although there are so many environments here you would not believe. There are an amazing number of physical environments on Earth. There are deserts, there are mountains, oceans, there are forests. Up here there is an infinity of environments. You have your choice, it's like a gigantic playground. All you have to do is choose where you wish to go.***

Neil: This may be my misperceptions, but I mean do you ever get to go back to God? I mean one with God kind of thing, go to heaven, sort of thing. But it's not really a state, it's not a place, is it? As I understand it. I mean how exactly does that work? Because in the religions here we were told, you know, you die, you go to heaven. What is heaven? Or is heaven a kind of state of being, a vibrational state of being?

***Well, we feel that we're in heaven now. There's so much fun, there's so much to do. Imagine back when you were a child and you were excited about life and you looked at everything. You could look out the window in your car and see just the sort of [...] going by and you just become so excited and you could see a tree and want to hug it, you know, you could see a feather and want to play with it.***

Neil: I'm not hugging a tree for anybody! Not even you!

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***That's what it's like for us now. You're in that state. Have you ever thought about heaven? Have you ever thought about what is life or what am I doing here? No, you just feel so wonderful that you're just enjoying yourself. That's how we feel. It's just wonderful and Earth experience is simply a different experience. It's simply a different way of being. Some choose to go, some choose not to.***

**Neil:** Have you to send any questions as well if you're listening to this interview.  
[www.interviewwithspirit.com/yourquestions.html](http://www.interviewwithspirit.com/yourquestions.html)

You can ask anything, anything at all. You can ask about the big picture, you can ask about other realms of the universe, or you can ask how you can get your fridge fixed or anything from the profound to the mundane. Anything, absolutely anything at all, any question and we'll do our best to give you an answer because we...

***Although we're probably not such good refrigerator fixers.***

**Neil:** It was a figure of speech. You know what I mean

***Indeed we do and we love you very much, Neil!***

**Neil:** Thank you!

***We think you are a very powerful being and we would love to see you doing more of this channeling.***

**Neil:** Well, I'd like to meet you. I'd like to be able to perceive you. I've got to get my vibration on that, haven't I? Otherwise I won't.

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*Ken: Well, you certainly will, you certainly will. And we would encourage everyone to do the same thing. Sit down ... the way I do it is in front of my keyboard, sit down in meditation. If you have questions, ask them and see what response you get. When you really, really, really want to find something out and you're really passionate about it, you will get a response. The stronger your signal, the stronger your response will be.*

Neil: And there is ... it's never too late to start doing this, is it? I mean there are so many people who think because they feel so jaded, 'oh, I've wasted my life' and all that sort of thing, but that's not so. It's not true, is it? It's never ever ever too late to begin again because there's only now. So you can begin again now and now again and now again and now and now and now.

*Ken: Precisely. And remember! Consciousness does not age, bodies age.*

Neil: Is that why some people who are very spiritual look very young?

***Yes. Correct. You are ... a human being is a spirit that is temporarily associated with a physical body. It's always possible at any point in your life to rediscover who you are and who you are is a divine eternal consciousness.***

Neil: What if somebody just wants to live a normal life, just wanted to have a normal job, normal kids, normal house, you know, that kind of thing. I mean I wasn't particularly interested in these matters- thought it was all a bit silly. Is that all right as well?

***Most people do. In fact, the vast majority of humanity does that very thing. You come to Earth to have an experience and you're in your life, you're in your experience and you're living it. The only difficulty that arises on Earth is that you are taught that when you die, you are dead.***

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***You are taught incorrectly that consciousness comes forth from biology which the exact opposite of the truth. If humanity could understand that one point, that one very important point, that you are an eternal non-physical conscious, temporarily associated with a physical body, it would be possible to experience life with much greater joy.***

Neil: There's one thing I want to make absolutely clear here. I've required a lot of books on spirituality and things and some of them, particularly the religious ones, are very manipulative. They're playing to guilt and it's a lot of coercion they try and convert and it's basically fear based and that is not our intention here at all if you ... if this stuff inspires you great, drink it up, take as much as you want. If it doesn't, then delete it from your computer when you've downloaded it and get rid of it and, you know, we won't darken your doors again!

*Ken: You couldn't have said it any better!*

Neil: It's not our intention to convert because I don't believe there's anything to convert to.

*Ken: There is nothing to convert to ... We were about to say there is no right and there is no wrong. [There are actions that feel good because they are aligned with the creative energy of the universe, and there are actions that feel bad because they are not. All actions are sanctioned because all beings have free will. All beings have free will because consciousness is non-physical, sovereign unto itself, and can choose freely without interference from anyone else.]*

Neil: It's also not our intention to coerce so, you know, because you start doing things and these people go: 'oh, it's really, really dodgy' and, you know, most

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people think that things like this are dodgy and that's fine, but, you know, it inspires you great. Drink it up! If not, or bits of it inspire you to take what you want and leave the rest. That is absolutely fine. Send any questions to [www.interviewwithspirit.com/yourquestions.html](http://www.interviewwithspirit.com/yourquestions.html)

We will put them to Ken and Ken will put it to them and then we'll put it back to you and we use modern technology to hopefully make some dreams come true, have a hell of a lot of fun in the process. Now I would say that's a fairly good mission statement. How about you, Ken?

***Well, that should be the point of our life, is to have fun and we would encourage everyone, as we said before and we keep repeating over and over again, encourage everyone to discover what it is that you really want, despite the grind of daily life. If your life isn't what you wanted to be, then figure out what you would want it to be and begin to create that.***

***Even if it's only one minute a day, even if it's only 30 seconds a day, even if it's only thinking about it for five seconds every day, take that five seconds and begin to think about what you'd like and as you expand upon that, as you connect with the creative energy of the universe, you will start to find more and more time to do so.***

Neil: But a lot of people have it on its head, as I understand it. People say 'I would do that, but I haven't got the money so I'll earn the money and then I'll be able to do that' and you're saying you should do that first and that money will come or ...will it?

*Ken: Well, let me just give you my own personal experience. I decided to start writing about five or six years ago and simply started writing. I would come home from work and I would write. I didn't give up my job, I didn't change anything about my life. I just made time to write whereas before I was sitting*

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*around, watching TV or maybe, you know, playing sports or watching movies. I decided to write because there were things that I had to say, and the more I began to write, the more time I began to find for writing and now I've written six books at this point.*

*For most of my life I ran around thinking that I was a nothing and that a lot of people, most people were smarter than me and that I didn't have anything to say. That's how I was brought up by my father who was a policeman and every time I opened my mouth, he just told me to shut up. So about six years ago, I got rather tired of that, I decided 'I'm going to say what I want to say now' and I did! And it's been a very interesting ride, a very wonderful ride too because when I write I feel inspired. I never write, Neil, unless I feel inspired and when you feel inspired, there is nothing better than that, there is nothing ... maybe sex, but just sitting at my keyboard and just writing and to feel this energy coming through you the words just pour out and it's just ... I can't write the words fast enough, I'm coming ... wow and when I wrote 'Dialogues' I came home from work every day and I would sit and I had these burning questions and I asked them.....it was like I couldn't keep up with how fast it was coming in. I lost a lot of good material I think. I couldn't write it fast enough!*

Neil: The truth is though everybody is worthy. Unworthiness is taught and it's not true. Everybody is worthy and everyone's got something to say, everyone is valuable, able to have value. The stuff that we're told is not true. I don't know where it comes from, but it is powerful and it is hard hitting. And I suppose another point of this dialogue will be to help you, you know, break through that. If you've got issues, to use the modern day word, hopefully we can help you, you know, break through those, break through those, it's not true what you've been told. It's not true! It's not true what they said! It's not true what they said about you whoever it was, whether it was the playground bully or your mom or dad or perceived, I'm going to use the word perceived authority figures. It's not true what they said, it's not true, it's not necessarily true what they said!

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*Ken: That is correct!*

Neil: So we will leave it there I think for today.

***We want to say, Neil, that this is a wonderful conversation. We felt that you were doing just as well as Ken was doing. In fact, sometimes we felt you were doing better! You're a wonderful being, you really have a strong connection and we will encourage you to continue these conversations and if you had anything to say, if you have anything to write down to do so.***

Neil: Well, to be honest with you, I mean it's ... I'm being a bit selfish here because I'm learning lots as well and I'm sort of, you know, getting knowledge from you, guys.

***It's a symbiotic relationship and we gain knowledge from you as well.***

Neil: Well, ask me anything you want!

***Maybe next time we will have a conversation with Neil!***

Neil: I'll tell you what! You can start a website in your dimension called 'Interview With Humans' and up there they go 'do they really? Do you think human beings really exist?'

*Ken: Well, we know you exist. We know you. We feel a sense of tremendous love. I feel a sense of tremendous love. It's just I wish I could communicate it to everyone who is listening over the phone. I hope you can feel it, Neil. We hope you can feel it. It's a feeling of love, it's a feeling of well-being, it's a feeling that all is well. This is an overwhelming feeling of infinite love.*

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Neil: I guess we'll chat some more then. It's been great talking to you, all three of you. As it were. Thank you very much indeed. Thank you, you guys.

***We loved it!***

Neil: And thank you, Ken MacLean,

*Ken: Thank you so much, Neil. This is wonderful!*

Neil: We will do it again soon and hopefully I will have some questions sent in by some good people next time. We'll do our best to answer those questions. In the meantime, We'll do our best to answer those questions. In the meantime, [www.interviewwithspirit.com/yourquestion.html](http://www.interviewwithspirit.com/yourquestion.html)

Send any question and watch your inbox.

## Questions and Answers

In no particular order, a selection:

David

Canada

For several years now I have been producing underwater videos. I am enthralled and feel completely at peace whenever I am filming on the reef. I believe that I am on purpose when I am thus involved. My question is, what is the point, what is the mission, what is the purpose, what is the message, what is it that will be accomplished through these videos? Is there a higher purpose for them or is it simply enough to just personally enjoy the venture? What can be done to make them financially more viable so that even more can be produced?

*Dear David ----*

*We can feel the energy of peace and well--being in your message.*

*The highest purpose for any activity is that feeling of joy. You may not be aware how lucky you are to have found something that brings you personal peace. There are so many on the planet under stress, who dislike their lives and their work.*

*We would say to you that that feeling of being on--purpose is the most important ingredient in manifestation. What is happening is that you have not yet precisely identified what you wish to do with*

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*these videos. We feel a great personal satisfaction with your work, but also certain complacency.*

*You are in a perfect position to increase the sales of your videos. All you have to do is figure out a direction for them that brings to you a feeling of excitement and passion.*

*What is your purpose for making the videos? For personal satisfaction, or to share with others?*

*We feel that your primary purpose is for personal enjoyment. The next logical step, however, is the world! You are perfectly set up to increase your reach, because you are perfectly aligned to peace and well-being in your work.*

*Ask yourself, how do I want my viewers to feel when they see my videos? Can I express to them that wonderful feeling of peace that I feel when I film on the reef?*

*The key for you is to translate that feeling of peace as you film, and project that to your viewers via your movies. We see you as wildly successful if you can do that ---- in fact, Ken says that he would like to buy one!*

*Blessings,*

*Ken and the guys.*

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Phillip

Richmond

VA

USA

What is our existence like after our death from earth?

*Dear Phillip –*

*Imagine an infinitely large playground with environments of every description. If you wanted to spend an afternoon in the woods, you could go there. If you wanted to bungee jump off a mile-high mountain, you could do it. If you wanted to race cars, or spend time at the carnival, or watch movies all day, you could experience that as well. Now imagine all of the planets in the universe that contain intelligent life having their own associated environments. Imagine that all of the beings who are presently not physically incarnated have also created a practically infinite number of ways to experience!*

*Imagine that you were not limited to the 5 senses of the human body, but could see a complex rainbow of colors that are far more varied and bright than on earth. Words are really inadequate to describe what we see, but imagine that you could experience anything you could become consciously aware of, and "tune in" to.*

*Your existence then becomes practically anything you would desire it to be.*

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*Sounds fantastic, doesn't it?*

*: -) Ken (and the guys)*

Neil: Well I want to ask some more questions! When you say that you can imagine you can experience anything you can become consciously aware of, but if you're not consciously aware of it, how could you become aware of something that you're not aware of in the first place?!!

*Ken: Well, it's just like anything on earth, if you're tuned into the program on Channel 7, then you're not consciously aware of the program that's being broadcast on Channel 4. However, you're aware that there is probably a program on Channel 4 and if you tune in you can pick it up. Well, it's the same here, it's just that our experiences and our perceptions are much broader than you can experience through the human body.*

Neil : Well if we can't perceive what you can perceive then how can we imagine it exists to be able to perceive it in the first place.

*Ken: Well you can't that's the whole point. You can only be aware of that which you can be aware of...*

Neil: Explain?

*Ken: Well, if you're not aware of something, then you're not aware it exists, and if you're not aware it exists, and you can't tune into it, that's how it works on earth, and that's how it works here.*

Neil: How can you be aware of something when you don't know it exists?

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*Ken: Well, I think the key word you have used here is imagine- if you can imagine something, you can create it- on Earth that takes a bit of time, because you have to translate your thought substance into the physical universe equivalents, but... when you're not associated in the physical body, you can tune into something and be there- it's almost like having a free ride on an airplane anywhere in the world, except it doesn't take you very long to get there!*

Neil: So if somebody wanted to experience a lot more wonderful and varied things, we could experience that on earth could we, or should we not worry too much about it?

*Ken: Well, the thing about the earth experience, is that you can create whatever you would like to create- mankind right now has created societies that are based on scarcity, that are based on competition, which are based on conflict on scarcity which is a very exciting way to live, but also, you have the opportunity if you like, to change your beliefs, to change your thoughts, and you can alter that society, and individually you can also experience more harmony, you can experience more cooperation, you can experience more peace in your life if you orient your thoughts there. That's the simple answer, and also the very hard answer.*

Neil: I personally like a bit of friendly competition, but when it gets absolutely ridiculous, when you hear about companies hostile takeovers, people being put out of work, starved, all in the name of competition, that's just silly... it's just taking a point to an extreme- I love excitement like the rest of them, but that's not excitement, that's just cruelty- really.

*Ken: Well, the more challenging things are, the more exciting it is- in fact we had a message prepared for you for this session, which is precisely on this subject, I think this is remarkable that this has come up... This is what I*

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*received. There are 3 personalities that I am mainly in contact with, one of them I call Sweet, I perceive this energy as feminine, very peaceful, very loving, and this is what she said to me...*

***Can you feel the love that comes forth from us to you? We want to tell you how much we admire the work you do as physically incarnated beings. It is amazing to us how much effort it takes you just to get through one of your days- we would not be able to keep up with you for 5 minutes. From our perspective, we see a magnificent playground filled with diversity, from your perspective; you perceive contrast, and lots of things to fix. Unfortunately fixing something just activates it within your consciousness and makes it bigger in your experience. We would like to tell you to just pay attention to those things you like, and ignore those things you don't like, but we know that without being really able to experience it that the exaggerated duality of your world polarizes your thinking- nevertheless we love you no matter what you think or what you do.***

***The good news is that you only have to put up with it for 80 years or so- some of you exit long before that however. And that brings up a point we would like to make- all lifetimes have a happy ending – it's true! The natural state for any conscious personality is what we call native state. Native state is what you would call non corporeal consciousness, or Heaven, and what we call normal, everyday living. It is very difficult for human beings to imagine life without the body and for good reason. The body both limits and intensifies experience. Your scientists have described a spectrum of vibration- a spectrum of frequencies from the very low, to the very high as in gamma rays. The human senses severely limit what you can experience, and that is the reason that human life is so poignant. It is also the reason you can experience the lower emotions.***

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*Believe it or not, the human body was designed to be able to experience anger, apathy, depression, hatred and grief. And why is that? Because it's a challenge! When life gets boring it's because there's not enough excitement. Well, a physical life on earth provides you with so much activity and excitement, that the human life span is limited to around 80 years or so. Most of you do not wish to stay longer than that. The body therefore ages in direct proportion to the thoughts and beliefs of the human species. This will tell you that if you want to elongate life spans, you must begin to create belief systems that are not so orientated on competition and conflict, but if that happens, life on earth would not be so exciting, so you see, there is a dilemma between those that wish for more peace and cooperation, and those who want to liven things up. From our perspective, we are all in favor of those that like excitement, and when you transition from your earthly life, you will feel the same way. Are not the most challenging games the most exciting? Do you not get bored when there is a lack of excitement in your life? At those times you seek out challenges- that's precisely what you did when you incarnated on earth. No one knows how human consciousness will evolve. Right now humanity is poised on a cusp of a change in consciousness, at the end of a planetary cycle. How this will turn out we do not know, but one thing is for sure, it will be challenging and exciting for all of you. Just remember, only by focusing on the positive, can you experience positively and remember, if you can, that all endings are happy endings.*

*We have the greatest love and respect for all of you.*

Neil: Thank you Sweet. If someone was experiencing a bit too much umm excitement, they can turn that round to peace can they? You can kind of call a time out- and say hang on a minute- I want more peace in my life- you can do that I take it?

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*Ken: Certainly, you can, it first has to start with an orientation of being, and once that happens then your life will gradually change. In the physical of course there is the factor known as time, you can't instantly wave a magic wand and instantly create peace from conflict, but you can start with yourself; you can start with your own orientation, you can try to feel as much joy as you possibly can, and if you do that, your life will gradually change .*

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## Question and Answer

Bill

North Bend

Oregon

USA

I really enjoy all the wonderful and fun experiences and relationships that this earthly life has to offer. So what are the benefits (or joys) of floating around as a spirit? Or perhaps- can you describe what we have to look forward to in terms that our earthly minds can understand?

*Dear Bill –*

*You have continued on earth a joyous life that you also experienced while in native state.*

*Just as you have asked "What are the benefits of floating around as a spirit" here on earth, while in native state you asked yourself "What are the benefits of a physical lifetime?" You observed the earth in all of its beauty and ugliness, in all of its challenge and glory and you said, "I want some of that."*

*You are an adventurer, but one with a light heart and pure spirit.*

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*We feel the joy of your soul and your pleasure in your earthly life and rejoice with you. In fact, we can hardly contain ourselves!!*

Love,

Ken and The Guys

## **Bonus: Introducing The Special Subjects eBooks**

### **Special Subject 1 Money**

**Here is an introduction to the Special subjects books:**

*Ken: All right guys — let us hear what you have to say about money — how to attract it and the best use of it.*

**From our perspective, we see reality as you might see it in a very vivid dream. By that we mean, we see pure energy and the interaction of energy. What you perceive as a solid human body, we see as a beautiful sphere of light composed of intertwining energy filaments in complex patterns and shapes, surrounding a denser fabric of templated energy that is the body.**

**We see money the same way. Imagine that you are out in space, with a birds-eye view of your planet.**

**Now imagine each person, each life form, as we have described. Imagine that flowing forth from these beautiful spheres were energy patterns that reflect your thoughts and emotions. Imagine these energy flows either connecting, or bouncing off each other, depending upon their composition. In other words, when you place a key into a lock, there must be a**

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matching pattern in order to open the door. It is the same way with energy flows- simply a representation of matching energy. In other words when a musician makes a music CD, that music has a certain vibrational pattern.

We see that much of your popular music has essentially the same inherent vibrational pattern. So what makes one CD sell, and another bomb? The answer is simply that a popular CD is one that resonates to the vibration of a great number of people. Music is itself vibrational, and is the closest physical representation to how we perceive in native state — because music can evoke a wide range of feeling and emotion. Light is also vibrational. A music video combines both sight and sound into a package of vibration. That is how we communicate — via packets of vibration.

So what is money? It is just the representation of matching vibrations. The CD of a popular artist simply resonates vibrationally with a great number of people. The money exchanged is just the physical representation that says “here is a token that represents my alignment with you.”

Your next question might be, “how do you do that?” Well, there is no way to make a formula or a recipe for that. There is, however, one very important concept that you must understand: in order to get someone else to resonate to you, you must first find something that resonates within you. In other words, you must find a connection to your own creative energy, which is the same as saying; you must have a desire

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and be able to express it. A desire is simply life force. Life force, chi, prana, Source, whatever you want to call it, is essentially what you ARE. As human beings you see yourself as mere physical lumps and you forget that you are in fact powerful native state beings temporarily associated with a physical body.

When you connect to a desire, you in effect connect to something that is ubiquitous. When you express that desire in your own unique way, you connect to that core or kernel of life force that is present in everyone!

We see this so clearly because we see energy.

Success is then measured by how genuinely you connect to a desire and express that desire! Money is the physical representation of how you express your own personal connection to Source.

Our advice to all those who want to have money is to find something within you that is longing to come out, and then express it. Do not listen to what others say, do not be swayed by the social or moral imperatives of your society; for these will often stifle your desire before you can even express it. Those who make rap music are criticized severely by almost everyone, yet they sell to a wide audience. Those who make such videos care not for the opinions of others. Within them is a strong desire, and the expression of that desire finds a ready audience.

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Therefore, if you want money, find a way to express yourself. But remember that money itself is just a representation of vibrational matching. Most people get fixated on the representation and forget about the real thing!

The letters R–O–S–E are not a rose! A rose is so much more than mere symbols! The rose is beautifully colored, it is fragrant, it exists within the sweet smelling earth, and when you stand in the garden with the sun on your face and the fresh breeze rustling your hair, you open up to the grandness of life, and the magnificence of who you are, do you see? Oh, if only you could see how magnificent you were! If only you could see yourselves as we see you! There would be no more war, illness, or poverty. Sigh! But then, of course, there would not be the challenge of earth! And that is why you came here — for the challenge and the excitement.

We hope we have answered your question about money. Successful people always have a strong desire and the willingness to express that desire. Without desire there can be no manifestation, or money. Ken is devising a course based upon these principles, called The Keys To Deliberate Creation. We see that he is not sure whether there is value in such a course, because it is really not possible to provide a formula or a recipe for success that will work for everyone. He is not sure whether there is complete integrity in such a course. But we say there is value in it, and it will be successful to the degree that our friend can express the concepts and devise the exercises to get people to find their desires and express

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them.

(To see what the course is about, go here:

<http://tinyurl.com/29hhpc>

To get the course, go here: <http://tinyurl.com/yqv9xf>)

**As always, we want to tell you that all endings are happy endings. Each one of you is a divine, eternal consciousness here on earth for an exhilarating, but temporary, physical experience. We encourage you to express yourselves in your own unique way, for each of you is a precious expression of the divine. Each one of you is valued beyond measure. Remember that when you express yourself, you express an aspect of Source, and of us.**

Neil: I'd like to ask you a bit more about the money transcript if I may- I've read soooo many theories on money- how to attract it, how to make it- some say you have to work very very hard and you may just succeed if you're lucky- some say you can attract it almost effortlessly- Abraham say that if you can just find the feeling place of being wealthy, then you will be wealthy. What is true? What is not true on this subject because there is so much confusion- you say, express your desire- do what you love and the money will come kind of thing..

*Ken: Yes, I think the Abraham answer is correct, but it's often too simplistic for people to understand, because it's so powerful, such a powerful truth, that when you try to apply that truth, there's really nothing to apply- you can say "Well just*

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*get that feeling of wealth, and keep that feeling of wealth and you'll attract wealth and that's true, but how often can you keep that feeling of wealth in your day to day life, in your day to day activities, and you don't like your job, and you have the kids screaming when you come home from work, there's a myriad of problems. So... The Guys say if you can find a desire within you and connect with that, that's the best way to go about it. that's a connection to the creative energy of the universe, and when you do that, your signal to the universe becomes so strong, that others can pick up on it.*

*I think part of the motivation for writing this course- [The Keys To Deliberate Creation](#). I think I've been getting some help from these guys from writing this course. It starts with finding a desire that's the only way you can do it you have to find something that you really, really like, you are passionate about, that you are excited about that you are interested in- for me it's writing, it's writing things and inspiring people through the written word- for a rap artist it might be putting out a really nasty rap video, but whatever it is, it's the passion within you, that life force, that connection to life force that every one has. When you broadcast that people pick up on it - that's a really powerful answer that these guys are bringing in. Does that make sense to you? It makes sense to me- I said the words, it seems to make sense to me.*

Neil: What does desire feel like?

*Ken: Desire is a feeling of excitement, it feels like eagerness, like passion. Like you have to call your friend and tell them about something that really excites you that's what desire is. It's a connection to life force, and life force is who you are- and that's what consciousness is, it's a feeling of joy, a feeling of excitement and passion.*

*Mostly desire is limited by self limiting beliefs- like you say "Oh I want to be rich" and that immediately brings up 18 thoughts in your head that says Oh you're unworthy Oh you'll never make any money, Oh you don't know how to do*

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*anything right- that desire is there, but you have to be able to reach that desire- one of the main purposes of this course I'm writing is to get someone to coach themselves to see what that desire is- because I know that everyone on this planet has a purpose for coming here, everyone has a desire within them that really lights them up. For you, I can feel that desire when I talk to you; you're really into doing your radio, and I can really tell, it really comes across, there's an inner motivation that you have Neil, I don't know exactly that it is, but if you really thought about it you would be able to find it.*

Neil: So... If you can just find the feeling place of wealth you will attract wealth, let's just put it really simply.

*Ken: Well, I think it's a little more complicated than that in the physical universe- if you get the feeling place of wealth, then you'll be inspired- you'll get a whole bunch of inspirational ideas, then you can create a product, you can make a service, you can make a CD or write a book, or do a speech or do a comedy routine that really really really gets people excited, in other words in the physical universe you actually have to translate that desire from the higher chakras to the lower ones- you actually have to go into action, you have to create something, but that feeling of wealth, that feeling of excitement, that feeling of passion of desire, that's the most important thing because it creates a state of beingness. In other words, you first have to be before you can do, and you have to do before you can have- people say I want to be rich, and they go into action, they start doing things, and work really really hard, and then along the way they discover what the be part is- Oh now I know why I want to be rich, I want to be rich because I want to be a musician and inspire people, or I want to be rich because I love money, and I just like money because I want to have it, I want to manipulate it, and I want to share it. That desire can be different and is different for every single person on the planet.*

Neil: Thank you . I also read about the power of appreciation, in other words, focus on what you DO have even if it is only a little, and

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appreciate it, and it will, literally, appreciate or grow!

*Ken: The same applies to anything you want more of. Appreciate! Appreciate! Appreciate! Even if you see someone else with what you want, Appreciate their success, and you will draw the same to you!*

## **Special Subject 2**

### **The Perfect Sexual Experience...**

**You ask us about sex!!! (laughing) You are the experts on that!! Actually, physical sex is an expression of a much deeper and exhilarating native state experience. Ho!!! So you didn't think we had sex, eh? Well you are certainly wrong about that!**

**In the duality of physical form, sex is the coming together of the male and the female (usually!) Sex makes sure that there are enough physical containers to continue the species through time. The physical act of sex mimics the act of two non-physical beings coming together.**

**The perfect sexual experience is a combination of the physical sex act with a spiritual merging of energy. Sex without love can be satisfying, but there must be spiritual affinity present before sex can graduate from the mere coming together of two bodies. When two people have awesome sex, there is always a co-mingling of energy. In our last discussion, we talked about the sphere of vibrational energy that exists around and within the human body. This energy cannot be measured (as of yet) but it exists. It is who you are! When we have the equivalent of sex, there is a merging of consciousness. If you could observe with our eyes, you would see two gorgeous, exquisitely beautiful balls of energy co-mingling. Imagine that each ball of energy contains an almost**

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infinite number of tiny but brilliant colored filaments in complex and dynamically changing patterns.

Each ball is alive and changing its energy signature from moment to moment. Now imagine that you could FEEL every one of those filaments, so when they change, you experience a change in feeling! Dear Ones, you couldn't possibly express the possible number of combinations.

There just aren't enough zeros! Sounds exciting, doesn't it!

What women consider foreplay is just the desire for something that transcends the physical. Men, pay attention! The sexual experience is enhanced tenfold when both partners are aware of their personal spiritual component. Indeed, orgasm itself opens up the chakras, or energy vortexes, within the body to accept life force energy. A physical orgasm is the physical equivalent of the merging of consciousness. When both partners climax at the same time, there is often an intimate merging of the energy fields. This is a wonderful experience and is beneficial to both physical and spiritual health. We will not go into the politics of sex upon your planet, for that is an entirely different subject. Suffice it to say that sex has been purposefully designed to be a joyful experience.

Each of you is unique. Your personal vibrational signature is an infinitely complex pattern of sensory brilliance.

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Consciousness, itself being a quality not a quantity, creates these beautiful spheres of subtle energy — for want of a better term — within the medium of thought substance somewhat like a pebble that strikes a clear pond creates ripples.

You might ask, if sex is so wonderful where you are, then why incarnate in the physical at all? Well, we have the same answer that we always have, because there is really only one answer: you wanted the challenge. A physical expression, as you know, can be painful, depressing, and horrible, but it can also be exhilarating, intensely passionate, and wonderful. Although we experience with far greater sensory input, we cannot match the sheer level of intensity of a physical experience. Of course, one does not often experience life in this way, which is why one of your writers said that most people lead lives of quiet desperation. Desperate for what you might ask? For the expression of their own, unique desires and preferences.

On earth you are taught to stay within the acceptable parameters of what your political and religious leaders have declared as correct. We want to tell you that successful people, without exception, pay little attention to the opinions of others, because they have found a burning desire within them that must come out! The recognition and expression of that desire is the single most important thing you can do for yourself. It is the true reason you came to earth. Each one of you came here with certain preferences inherited from your

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native state personality. Your task — which will result in your greatest joy, is to find those preferences and express them.

So what is the perfect sexual experience? A merging of both the spiritual and the physical. Those who believe the lie that a human being is merely a physical body and will die when the body dies will always lead lives that are less than what was intended. And their sexual experiences will always be poor imitations of the real thing. All of you are immortal, divine, and beautiful. If you could see yourselves as we see you, you would never harm each other ever again. You would always experience prosperity and health. But then, of course, there would be not the challenge you crave.

As always, we say that all endings are happy endings.

There is nothing to fear from a physical experience, for when you die, you return to native state. And that will be an experience you will enjoy very, very much, we promise you.

Neil: Why is it so controlled and condemned on earth? Umm, yes, why?

*Ken: (and the guys) Well that's a question that we really can't answer because we're just as amazed by it as you are. All we can say is that planet earth is a place of very very great diversity, very great contrast and great challenge. And one of the reasons you came here was for that challenge. Mankind has created an environment that is*

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*mainly based on scarcity, competition and conflict. And as long as those three themes are the main themes of your societies, then you're going to have difficulty, because your actions are going to be based upon those thoughts, upon those concepts.*

*it's very easy to say all you have to do is change your thoughts and change your preferences and your societies will change, and that is absolutely true, that is absolutely true - but one of the things that we would like to say, is that the species consciousness of mankind on earth keeps these themes going, keeps the themes of competition, keeps these themes of scarcity, keeps the themes of conflict and injustice going...*

Neil: Why?

*Ken: We do not know why that happens, but it does- and when you become immersed in that sea of mass consciousness, it is often very difficult, especially when you're a little one and you're subject to the whims, subject to the superior uhh, physical size of your parents, you assimilate these beliefs, and it is often very difficult to change- when the new ones come in, they are more likely to want to change, but they are of course squashed by the current generation, and so it has gone.*

*However, now we see a population explosion on planet earth- your populations have exploded- and if you could see a graph of the populations from 5000 years ago until now, you would see a gigantic spike within the last 50 years- consciousness is about to change.*

Neil: Why?

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*Ken: Well you have to ask yourself that- why did you want to come to earth? We believe that the reason that most people came to earth is simply for the challenge of it.*

Neil: If what you say is true, then I would say there is an opportunity for millions and millions to take a leap in consciousness.

*Ken: There is. And it is happening, it is happening under the radar of your mass media, your TV, of your radio. In fact, I would just like to interject this- someone sent me a transcript of the Larry King show- I mean Larry King is really big in the United States- he's viewed by millions of people, he's viewed as very old school, but he's had a couple of programs on The Law of Attraction- he's had a couple of programs on spirituality- which have been viewed by millions and millions of people. What happening- consciousness and societies change from the grass roots- it comes from the bottom up, not the top down- your governments will be the last to find out!*

Neil: Why does pornography exist and what is a healthy relationship to it?

*Ken: Pornography exists because the attraction between the male and the female is extremely extremely extremely strong.*

*Pornography will exist only because there is an inhibition and a prohibition on sexual expression, and if there is a desire for sexual expression, then you will have pornography. That's what they said- as least as well as I can express it. It's the contradiction between this inherent physical union between male and female and then on the*

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*opposite side there's the prohibition-- the idea that the human body is ugly; that sex is filthy-- you have those two opposing things, pornography is a natural outgrowth of that.*

Neil: I heard in another good channeled source, that when something as natural as this is repressed then it will manifest in a dysfunctional way, although pornography isn't necessarily dysfunctional- you could use it to spice up your sex life, you could use it to celebrate human sexuality, you could use it as a lesson in biology for goodness sake- or, or you could use it from a place of lack, and I would imagine that that is what the majority of people do when they view porn, I imagine it's from a place of lack- I dunno really.

*Ken : I'm speaking personally, we have a company called HBO Home Box Office, there's a number of channels, late at night they show adult films, and they show the porno awards, and believe me I have never seen a group of happier people- in my life. When these people, get up to accept their awards, they're just laughing, they're having the greatest time, they're expressing themselves sexually, and many people think that's weird- politicians think it's horrible, but I'm watching these people and I'm going man, these people are really into it. In fact I saw an interview with this porn star, and she was the happiest person, and she was so bright, she was so cheerful and she was just expressing herself sexually and she loved it-and it was just wonderful.*

Neil: You say in the transcript that sex without love can be satisfying, but it can be ecstatic when the love factor is present, and you still stand by that?

*Ken: Oh definitely. You can't really get round the fact that a human being is a combination of physical and spiritual- there isn't one lump*

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*that is the physical body, and there is that sort of spiritual being associated with that lump. There's a merging of consciousness between the cells of the body, and between the being himself or herself, so when you have sex, there's the co-mingling not only of physical matter but of consciousness, of life force, and depending on how much you allow yourself to express that spiritual component during your lovemaking, is the degree to which your sexual experiences will be very very pleasurable.*

Neil: I suppose it's no coincidence that when people have orgasm that people have orgasm they say Oh My God!

*Ken: Ha! Very good. I don't think that's coincidental at all!*

## Questions and Answers

Anne

Brisbane

Queensland

Australia

Will I see my father again when I die? I was barely 4 when he died and I've missed him all my life.

*Hello Anne –*

*The answer is yes.*

*The human experience is vastly more constraining (and intense) than in native state. By native state I mean the natural expression of consciousness. You see, a human life is an adventure. It is a physical expression of a much grander conscious personality, which is sometimes called the Higher Self. That Higher Self is you. When you leave the body, it feels like you are returning Home. It feels like the most wonderful and RIGHT thing that could possibly happen to you. Your father experienced it, and you will too.*

*Imagine spending a grueling day on the slopes, skiing. You return, tired, sweating and hungry, to your luxury suite. You run a hot bath*

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*and sink gratefully into it, with the most exquisite feeling of comfort, knowing that you can call room service for a delightful meal, and spend an evening of pleasant association with good friends.*

*That's what will happen when you return. You get to meet all of your departed family members and friends and it is just wonderful.*

*We do not regard death as you do. We see death as an opportunity to talk to old friends again. So we are very selfish in that regard!*

*We hope we have not alarmed you. We look forward to death, because we know it is a complete re-discovery of self.*

*Although it is possible to contact us while still physical, it is necessary to eliminate your worries and fears, for we do not experience these. Perhaps you can try to contact your father. We think he would enjoy that very much. You may be pleasantly surprised at what can happen.*

Neil: ..and what could happen, is it ok to do stuff like that?

*Ken: Certainly- it's always ok to feel good, it's always ok to feel wonderful.*

Neil says... wow, what an answer- Anne, I don't know if you've read Neale Donald Walsch's latest book "Home with God", it confirms what was said above. Apparently it's a bit like Narnia, the kids find a whole new land, have a he adventure there, then when they go back through the wardrobe, no time has passed at all and they are who they always were.

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*Ken: We would just like to say one thing, imagine that you played a wonderful game, or were on a fantastic vacation, and the time seemed to pass so quickly, and it was over so quickly that's what the experience is like. There is an experience of time, but is much less solid that you experience on earth. Whenever you find yourself in the higher vibrations time seems to go much faster, doesn't it, it almost seems to disappear altogether, of course that is not possible in the physical because the physical universe creates time, but there's also a slight feeling of time that we experience- because we have different experiences.*

Neil: We all must have has the experience that we get lost in doing something, and loads of time has passed- we all must have experience and that must be kind of touching on that in the way that we can in the physical.

Anne I hope that answered your question, it's comforting and inspiring, and I really hope that works for you Anne, have fun while you're here!

Thank you so much for your question.

"How can you see looking through those tears, don't you know you're worth  
your weight in gold?"

-- Mental as Anything 1982

■

■



Another question...

From Nicky

London

UK

I don't like people being horrible to animals, and I want the problem solved, what can I do?

...for that matter, people as well, I want everyone to be lovely... I want someone to make a difference.

*You cannot determine the thoughts or actions of another, because all have free will.*

*There are thousands of animals who die every day upon your planet, thousands of insects as well. Death is the return of consciousness to native state. If you could see the shuttle of consciousness entering and leaving physical containers on your planet, you would be*

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*astounded. The beauty complexity and joy of it is wonderful to behold. From our perspective we see it all and rejoice when expressions return home to us. The physical universe is a playground, but mankind has turned it into a trial, a life and death struggle for existence itself.*

*It is neither.*

*When you regain perspective, you will understand that all is well, that evolution is change and that change is integral to physical existence.*

*Did you eat meat today? If so, some animal was killed to supply you with that meal. Is that cruelty?*

*Animals do not fear death. They do not think of death for years and years and then resist the experience when it comes. They simply live in the moment. All animals are aspects of divine consciousness.*

*The animal, just like a human being, consciously enters the animal body.*

*When it departs, it does so much more easily than a human being, who often resists the experience and holds on to the body.*

*The animal is able to release the body much more easily.*

*To make a difference you must stay positive, stay connected personally to Source. When you do that you will know the answers that are right for you. If you want someone to make a difference, let*

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*that person be you.*

And another one from Nicky...

With global warming, the polar bears are running out of ice, and are drowning because they have to swim so far for food- it is human beings who are harming their environment- what can we do to help them?

*Sweet here. This is a question that is asked over and over, but the subject varies. Your planet is headed for a "bump," By that we mean that the dominant species on your planet, mankind, is nearing the end of a cycle that will affect every life form on the planet, and earth itself. You have no idea how intimately related is consciousness and the physical systems on your planet.*

*Natural systems evolve slowly until, suddenly, the factors coalesce and a jump in evolution occurs. Your planet is almost at that point right now. During these times, the other species on your planet are also affected. They also evolve. Some may leave the planet or become diminished. No one knows the future, not even us, especially at these times. Our advice to you is to assist the overall planetary vibration by keeping your thoughts and actions aligned to the best possible outcomes. Stay rooted in love and appreciation. If you feel the need to do something, go inward and ask yourself what is the*

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*most positive thing I can do? Individuals are connected to the whole -- when you go inward and find your connection to Source, you also connect to the universal medium of thought and creative life force energy. Here you may find the personal answers you seek.*

I also have a friend that doesn't care about the environment, what can I do to help him change his mind?

*You live in a universe of free will. Ask yourself how changing his mind will help your friend, or the environment. Can you raise your friend's awareness, or will that conversation lead to argument? We tell you that argument just send more negative vibrations into the ethers. You are a very forceful person, use your connection to the creative energy of the universe in the way you have always intended: to enlighten and uplift others.*

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**We wish you love and joy!**

**— Neil, Ken and The Guys**



**"And you'll finally see the truth, that a hero lies in you."**

**Mariah Carey**

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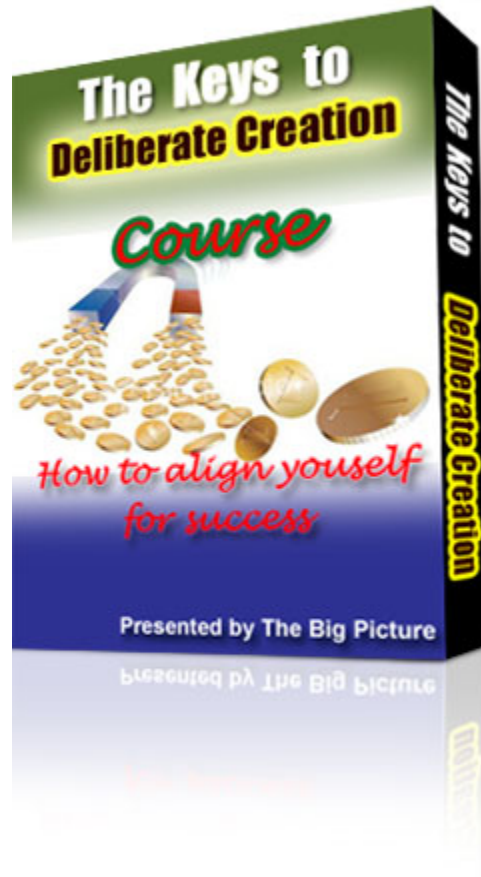
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### **About the Author**



**Kenneth J. M. MacLean lives in Ann Arbor, Michigan, with his wife and three cats. The humans in the house think that they are in charge, but the cats know better.**